ELEVEN TIPS TO REMEMBER

1. **Set goals that are attainable and realistic.**
   *Attainable* means *this_is_actually_possible*, and *realistic* means this is possible for you in a particular place and time. If you don’t know what you want to achieve as a student, you won’t know how to get there or if you’ve accomplished the things that matter.

2. **Keep track of your appointments in one place; either in a book or online.**
   If you try to keep all of your appointments, due dates, test dates, social plans in your head, you won’t have any room left for the new information you are learning about in classes!

3. **Know your learning style.**
   Develop techniques and strategies for compensating for possible differences between your learning style and your instructor’s teaching style.

4. **Be an active reader.**
   Be a text detective: ask your text good questions and it will yield good answers.

5. **Participate in study groups.** Share the load of reading and studying with other students – you will learn better by teaching them, and you will be exposed to ideas you didn’t come up with on your own.

6. **Take notes.**
   Use the Cornell, outline, mapping or charting method to condense and synthesize reading, lectures and discussions.

7. **Organize your study materials.**
   If you organize your materials as you proceed through a course, you will retrieve information with greater ease later.

8. **Draft papers.**
   Leave time for you to re-work and review your paper before the professor sees it.

9. **Slow down on tests.**
   Anxiety makes you skip over parts of questions. Read every word carefully.

10. **Don’t replace protein with caffeine.**
    Protein and complex carbohydrates are an energy source that won’t leave you jittery.

11. **Call for an ASAP appointment**
    773-702-9800