Study
Skills
for a
Smooth
Start
College studying is different from high school studying.

In high school, many people:

- Studied only the night before the test
- Spent more time in the classroom than doing independent work
- Did not have to study hard to succeed

In college, it’s different:

- Studying should begin many days before the test
- More time is spent in independent work than in the classroom
- Many people find that they need to increase the quality and quantity of their studying to succeed
Tips for successful studying:
1. Create a task list:

- What is due when?
- Which classes are most time-consuming?
- What steps must be completed for each assignment?

Identifying and prioritizing tasks makes studying more efficient and manageable.
2. Find a study space:

- Do you like silence or light noise?
- Do you prefer libraries or personal spaces?
- Do you need any special resources, like a computer, scanner, or document reader?

Finding a study space that works for you is key to developing effective long-term habits.
3. Set Realistic Goals:

- How does studying fit into my other commitments?
- How can I finish all my work and maintain a balanced life?
- How much studying is required for success?

Setting goals allows you to track your progress and evaluate your study plans.
4. Be an active learner:

- Am I a visual, auditory, or physical learner?
- How can I effectively review material each day?
- What techniques can I use to stay focused while studying and reviewing?

Active learning allows you to be more efficient and retain more information.
5. Have Fun:

- How can I de-stress at the end of the day?
- How can I finish all my work and maintain a balanced life?
- How much studying is required for success?

Spending time on fun activities allows you to be more productive when you are studying.
More Resources…

- Your RHs, RAs, and upper-class housemates
- Your professors and academic advisor
- College Tutoring Program: Stuart Reading Room
- Academic Skills Assessment Program (ASAP)
  - Contact Ann Brody: afbrody@uchicago.edu

Welcome to the University of Chicago and Good Luck!